

Anal fissures – Symptoms and treatment

An anal fissure is a painful condition where a tear occurs in the skin around the opening of the rectum. The causes of an anal fissure are still unknown, but there are good possibilities for treatment so that you can become free of pain.

Symptoms of an anal fissure

Some of the most common symptoms of an anal fissure are:

- Pain during and in the hours after a bowel movement.
- Blood in the stool.
- Constipation.

The symptoms of an anal fissure can resemble the symptoms of other intestinal diseases. Therefore, Kirurgen.dk ensures that you are properly examined before starting treatment. If there are signs that the symptoms are not coming from an anal fissure, it may be a good idea to have an intestinal examination performed.

Read more about intestinal examinations.

Treatment of an anal fissure

Treatment is performed, among other things, by regulating the stool so that the fissure in the rectum can heal. This can be done with the help of different types of muscle-relaxing salves/gels, laxatives, and pain-relieving medicine. In some cases, it may be necessary to have either a Botox injection or a surgical procedure to get rid of an anal fissure. The latter two are performed at the hospital.

Hear more about the treatment of an anal fissure

If you experience any of the above symptoms of an anal fissure, contact Kirurgen.dk to get more information on how an anal fissure can be treated.

