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Endoscopic Examinations – What Types Are There?

Endoscopic Examination

At Kirurgen.dk, we perform a variety of endoscopic examinations. We always use the latest technologies and equipment, and an endoscopic examination is performed with digital video technology, allowing you to follow along on a screen.

Endoscopic examination is a general term for a series of examinations conducted by inserting a small camera into the body to identify signs of disease, diagnose, and in some cases, perform minor procedures.

Colonoscopy

Colonoscopy is a straightforward endoscopic examination lasting between 15 and 45 minutes. There is only minimal discomfort associated with these endoscopic examinations, which are performed by inserting a flexible tube, about the thickness of a little finger, through the colon. Colonoscopy is used for the investigation of, among other things:

- Anal bleeding, low blood count, weight loss, abdominal pain, changes in bowel movements, etc.
- Screening for colon cancer, both with and without a family history
- Ongoing monitoring of patients with colon polyps
- Follow-up after surgery for colon cancer, etc.

[Read more about our colonoscopy](#)

Nasal Gastroscope

Gastroscope refers to an endoscopic examination focusing on the esophagus, stomach, and duodenum. This type of endoscopic examination is performed by inserting a nasal gastroscope with a diameter of just 4.9 mm through a nostril. This form of endoscopic examination represents the latest development and is the most gentle method. Nasal gastroscope is used to identify causes of, among other things:

- Swallowing difficulties
- Stomach pain
- Heartburn

[Read more about our nasal gastroscope](#)

Sigmoidoscopy

In sigmoidoscopy, a flexible tube with a TV camera, about the thickness of a little finger, is inserted into the rectum and the left side of the colon. This endoscopic examination typically lasts 5-10 minutes and rarely causes significant discomfort. Sigmoidoscopy is used to identify causes of, for example, blood in the stool, pain, or bowel movement difficulties, or to rule out diseases, primarily cancer in the colon.

[Read more about our sigmoidoscopy](#)

Contact

If you have questions about our endoscopic examinations, you can contact us at tel. +45 39 64 01 25 – Monday to Thursday from 9-12 and 13-14, or at [\[mail@kirurgen.dk\]](mailto:mail@kirurgen.dk)(mailto:mail@kirurgen.dk).

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I hope this helps! If you need any further assistance, feel free to ask. 😊